

We have received several requests for a 30,000-foot view of what would be required for an AHJ to comply with the proposed 1910.156 standard. While this list is not comprehensive, it is our best understanding of what would be required under the standard if adopted, as written, today. Please pay special attention to the NFPA standards referenced, as they contain over 1,500 "shalls" and "musts" that would be required under this law. While the standard is very detailed, it is also very vague, on exactly what would meet the standards. These details will be decided by individual inspectors and court cases, moving forward. This review is not a legal opinion in any way, shape, or form, or reflect the opinion of any business or organization. This is strictly the review of a few folks that have spent hundreds of hours pouring through the proposed standard since December 2023.

On February 5th, 2024, the Federal Occupational Safety and Health Administration published a proposed rule that would update the 29 CFR 1910.156 "Fire Brigade" standard that was first published in 1980. This proposed rule would replace the existing rule and expand the scope of it from the original small scoped fire responder rule to now set board standards that apply not just to industrial firefighters but would now apply to employees engaged in fire service activities, emergency medical services, and specialized rescue services.

# Who would it apply to?

- All private services would be subject to this rule as well as any public or governmental entity if you are in a jurisdiction where OSHA is applied to you (OSHA program states and municipalities).
- "Employees" of any agency engaged in the above activities. While many volunteers are not viewed as
  employees by states and the federal government, many states do. Also, volunteers that receive pension
  plans or other substantial renumeration may qualify as employees under the rule. Refer to your jurisdiction
  or counsel to learn whether your volunteers would be considered employees.
- Examples of agencies that would need to comply that did not under the old rule: Private EMS services, Law
  enforcement rescue teams such as SAR and water rescue teams.

# What does it the proposed rule require?

Here is a very general overview, refer to the proposed rule for specifics:

- Establish a comprehensive Emergency Response Plan (ERP) that provides protections for responders who
  are designated to work at incidents. It shall include, but not be limited to:
  - o Team members responsibilities and participation based on role and capability
  - Comprehensive risk management plans
  - Medical and physical requirements
  - o Training
  - o Facility preparedness
  - Vehicle preparedness and operation
  - Pre-incident planning
  - o Incident management system use
  - Emergency incident operations
  - Standard operating procedures
  - Post-incident analysis
  - Program evaluation
  - o Updated copies of all written policies and procedures

- The ERP must also include a comprehensive community vulnerability assessment for the agency's response area identifying:
  - o Hazards within the jurisdiction
  - o Places, structures, facilities, and other locations requiring regular pre-incident planning
  - o Maintaining an ongoing listing of locations that are vacant and a method of identifying those that are unsafe.
  - Define the services the community may need, which will and will not be provided by the agency,
     and where those services will come from if not provided by the agency.
- The ERP must identify the necessary resources and manpower to provide it's intended response services to its respective area of responsibility.
- In the ERP, the tiers and types of responders and their expected roles must be identified. (for example, interior structural firefighter, exterior only operations firefighters, fire police, vehicle operators, technical specialists, EMTs, EMRs, Paramedics)
- Team members must be permitted to participate in the development of the ERP.
- Medical Requirements:
  - Establish a medical program that is compliant with NFPA 1582 (this is for every agency to comply, not just firefighters).
  - o Comprehensive physical exams appropriate for all roles and tiers at least every 2 years for every member who may be exposed to combustion products 15 or more times a year.
  - Appoint a properly trained and qualified medical officer or manager to oversee your program and maintain confidential records.
  - o Provide for the costs of exams, tests, and time lost.
  - Establish guidelines that set timelines and conditions for requirements of return-to-duty evaluation after an illness or injury.
  - o Perform medical monitoring of exposures to all hazardous substances and chemicals, biological hazards, and combustion products.
  - o Establish a behavioral health program that includes ongoing monitoring, counseling, post-incident care, and referral and crisis care.
  - o Establish policy defining fitness for duty and how member readiness is monitored.
- Establish an ongoing health and fitness program:
  - Appoint a Health and Fitness Officer or Manager who is trained and qualified to oversee member health and fitness.
  - o Provide an opportunity for members to exercise while on duty.
  - Execute a health and fitness assessment of each member at least every 3 years.
  - Provide education and counseling regarding health promotion for all responders.

# Training:

- Provide initial training, on-going training, refresher training, and professional development to all members based on their expected job tasks for their levels and tiers.
- o Ensure all instructor/trainers are qualified and meet knowledge, skill, and ability expectations.
- o Provide training in a language and at a literacy level that will allow responders to understand and that it allows time for questions and interactive learning.

- o Provide training on all policies and procedure to include the risk management plans, health and wellness program, incident Management System, all aspects of PPE, fire extinguisher use.
- Every emergency responder must be trained how to act in dangerous situations and events such as orderly and rapid evacuations or equipment failure.
- Each team member is at least HAZWOPER First Responder Awareness level trained.
- o Each team member and responder is CPR and AED trained.
- o Facility and industrial responders trained to comply with NFPA 1081-2018.
- o Interior structural firefighters meet or exceed NFPA 1001-2019 and NFPA 1407-2020 (Rapid intervention team standard).
- Each vehicle operator must be at least trained in accordance with requirements of NFPA 1002-2017.
- At a minimum, every manager/supervisor/crew leader/officer must be trained to the appropriate level set forth in NFPA 1021-2020.
- o Specialized training minimums:
  - Wildland firefighting NFPA 1140-2022.
  - Technical rescue NFPA 1006-2021.
  - Marine environment NFPA 1005-2019.
- EMS providers shall be trained and certified to state or jurisdictional minimum requirements based of level of responder.
- Team members and responders are required to demonstrate proficiency of knowledge and skills annually of the JPRs for their respective tier and level.

# • Facilities Preparedness:

- o Provide facilities for decontamination, disinfection, cleaning, and storage of PPE.
- o Fire poles and their vertical openings must comply with safety protections.
- All fire protection systems must be installed, tested, and maintained in accordance with manufacturer's requirements.
- Hard wired smoke and CO detection systems are mandatory.
- Sprinklers are mandatory in new construction.
- o Vehicle exhaust exposure prevention measures are required.
- No contaminated PPE in sleeping and living areas.
- Must ensure standpipe and hose fitting compatibility with responding fire departments.

# Equipment and PPE

- o Provide equipment and PPE to team members to train and perform work at no cost.
- Maintain all equipment and perform periodic testing. Also establish a procedure for reporting defective gear and equipment and removing it from service.
- All PPE and protective ensembles must be provided at no cost.
- New PPE must comply with the NFPA standard associated with its purpose (example: structural firefighting gear meets NFPA 1971).
- o Personal items permitted for use must also comply with all above.
- PPE and equipment must have gross decontamination before leaving scenes.
- o No contaminated gear or PPE in passenger compartments of vehicles.

# Vehicle Preparedness

- o Process in place to assure vehicle is inspected, maintained, and repaired.
- o Process in place so every member knows when and how a vehicle is to be taken out of service.
- o Every riding position is a seat and has appropriate restraints.
- o Fire apparatus is inspected and maintained in accordance with applicable NFPA standards.

#### Vehicle Operation

- o No vehicles will move until all occupants are seated and properly restrained and shall remain so any time the vehicle is in motion.
- o Team members providing care to a patient must be restrained any time doing so will not directly impact the ability to deliver care.
- o Harnesses provided and used when engages in pump-and-roll operations, loading hose or other activities that require work while the vehicle is in motion.
- Policies required for team member use of vehicle not under direct control of the agency such as POVs for response to facilities or scenes.
- Pre-Incident plans must be completed on facilities determine to require them in the ERP. These plans should address site contacts, resources available and needs for additional resources, hazards, and unique challenges. These plans must be made available to all team members and reviewed annually.
- Agencies shall utilize an Incident Management System (IMS) and encouraged to be standardized with the current NIMS framework.

#### Emergency Incident Operations

- o Every incident utilizes an IMS and has an assigned Incident Commander or Unified Command.
- o Every incident has safety addressed either through the role of the IC or UC (smaller incidents) or through designation of an Incident Safety Officer.
- o Crews must be rotated periodically in extended or complex incidents.
- o Every emergency incident has established control zones by IC that are clearly identified and marked in a conspicuous manner whenever possible. The locations of the control zones must be shared with every team member or responder before they are assigned to any control zone.
- o Minimum of 4 adequately trained members respond before entry into an IDLH. Two-in, two-out followed unless imminent danger to life exists. (Immediate rescue)
- o Positive pressure SCBA or supplied air respirators with a 5-minute rescue bottle only in IDLHs.
- o A personnel accountability system must be utilized.
- o Rapid Intervention Crew (RIC) must be established as soon as feasible at structural fires when crews are operating in IDLH.
- An adequate communication plan and system must be established and used during incident operations.
- o Establish Rehab with medical monitoring as well as traffic control procedures when needed.
- When using skilled support workers (SSW) (tow operators, equipment operators, industry reps)
   agency must ensure they are properly protected, using appropriate PPE, and are properly escorted when operating at an incident.
- Every response agency must establish SOP addressing all areas of operation and readiness. Specific areas include: PPE wear, use, cleaning, inspection and repair; Post-incident decontamination and contamination prevention of team members including gross decontamination, showering and hygiene; radio communications procedures; Mayday procedures; operations at vacant dwellings; medical monitoring and rehab; crime scenes; traffic incident operations.
- Post-incident analysis must be performed on any significant event such as a large-scale event, a near-miss
  event, any team member, responder or SSW injury or illness requiring treatment or fatality.

 The agency performance to meet the ERP must be reviewed annually and any discrepancies must be addressed.

# **Included By Reference**

The following standards have been included by reference and any section therein with a 'shall' or 'must' statement are to be complied with:

- NFPA 1001, Standard for Structural Fire Fighter Professional Qualifications, 2019 ed.
- NFPA 1002, Standard for Fire Apparatus Driver/Operator Professional Qualifications, 2017 ed.
- NFPA 1005, Standard for Professional Qualifications for Marine Fire Fighting for Land-Based Fire Fighters,
   2019 ed.
- NFPA 1006, Standard for Technical Rescue Personnel Professional Qualifications, 2021 ed.
- NFPA 1021, Standard for Fire Officer Professional Qualifications, 2020 ed.
- NFPA 1081, Standard for Facility Fire Brigade Member Professional Qualifications, 2018 ed.
- NFPA 1140, Standard for Wildland Fire Protection, 2022 ed.
- NFPA 1407, Standard for Training Fire Service Rapid Intervention Crews, 2020 ed.
- NFPA 1582, Standard on Comprehensive Occupational Medical Program for Fire Departments, 2022 ed.
- NFPA 1910, Standard for the Inspection, Maintenance, Refurbishment, Testing, and Retirement of In-Service Emergency Vehicles and Marine Firefighting Vessels, 2024 ed.
- NFPA 1951, Standard on Protective Ensembles for Technical Rescue Incidents, 2020 ed.
- NFPA 1952, Standard on Surface Water Operations Protective Clothing and Equipment, 2021 ed.
- NFPA 1953, Standard on Protective Ensembles for Contaminated Water Diving, 2021 ed.
- NFPA 1971, Standard on Protective Ensembles for Structural Fire Fighting and Proximity Fire Fighting, 2018 ed.
- NFPA 1977, Standard on Protective Clothing and Equipment for Wildland Fire Fighting and Urban Interface Fire Fighting, 2022 ed.
- NFPA 1981, Standard on Open-Circuit Self-Contained Breathing Apparatus (SCBA) for Emergency Services, 2019 ed.
- NFPA 1982, Standard on Personal Alert Safety Systems (PASS), 2018 ed.
- NFPA 1984, Standards on Respirators for Wildland Fire-Fighting Operations and Wildland Urban Interface Operations, 2022 ed.
- NFPA 1986, Standard on Respiratory Protection Equipment for Tactical and Technical Operations, 2023 ed.
- NFPA 1987, Standard on Combination Unit Respirator Systems for Tactical and Technical Operations, 2023 ed.
- NFPA 1990, Standard for Protective Ensembles for Hazardous Materials and CBRN Operations, 2022 ed.
- NFPA 1999, Standard on Protective Clothing and Ensembles for Emergency Medical Operations, 2018 ed.
- ANSI/ISEA 207, American National Standard for High-Visibility Public Safety Vests, 2011 ed.

Questions and Comments?

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# 29 CFR 1910.156 FAQ's

# Q. What is Fire Brigade Standard?

A. 1910.156(a)(2) states that "the requirements of this section apply to fire brigades, industrial fire departments and private or contractual type fire departments. Personal protective equipment requirements apply only to members of fire brigades performing interior structural firefighting. The requirements of this section do not apply to airport crash rescue or forest fire fighting operations." (https://www.osha.gov/laws-regs/regulations/standardnumber/1910/1910.156)

#### Q. How long as the Fire Brigade Standard been around?

A. September 12, 1980.

#### Q. Why is this a hot ticket issue?

A. On January 31, 2024, the OSHA Training Institute Region 1 Education Center (New England) released public notice there were major changes to the 29 CFR 1910.156 Fire Brigades standard that has been proposed, and it was out for public comment period until June 21st, 2024, to get comments into OSHA to review. Some things will be happening from there depending on the number of comments that come in and what those look like. To Submit A Comment visit: Federal Register: Emergency Response Standard (https://www.federalregister.gov/documents/2024/02/05/2023-28203/emergency-response-standard?utm\_campaign=subscription+mailing+list&utm\_medium=email&utm\_source=federalregister.gov) . There will be a big green button reading "Submit A Formal Comment" at the top of the page.

# Q. Who is behind this and what precipitated the change?

**A.** Following the attacks of 9/11/2001, Congress directed all government agencies, including OSHA, to strengthen their preparedness to respond to terrorist attacks, major disasters, and other emergencies. OSHA identified gaps in the protections for emergency responders.

# Q. What would change in the new standard?

A. The proposed rule would update the more than forty-year-old Fire Brigades standard and transform it into an Emergency Response standard (608-pages) focused not just on firefighting, but also on emergency medical services, tactical rescue, and the equivalent services offered in workplaces by employer-provided services. (https://www.osha.gov/laws-regs/federalregister/2024-02-05) The heart of the proposed regulation is only a 40-page document. (https://www.osha.gov/sites/default/files/erp-draft-reg.pdf)

# Q. What States will be affected by the proposed regulation?

A. "Elements of emergency responder (firefighters, emergency medical service providers, and technical search and rescuers) health and safety are currently regulated by OSHA primarily under a patchwork of hazard-specific standards, and by state regulations in states with OSHA-approved State plan programs." (Federal Register)

# Q. Are volunteer firefighter affected?

A. While OSHA standards do not apply to volunteers, some volunteers are covered in states with OSHA-approved State plan programs. Consequently, in States with OSHA-approved State Plans, volunteers may be treated as employees under state law. OSHA has no authority over how individual states regulate volunteers. See section III.B, Pertinent Legal Authority, and section VIII.G, Requirements for States with OSHA-Approved State Plans, for further discussion.

# Q. What is the timeline for compliance?

A. "OSHA expects that some stakeholders may have concerns about the timeline for compliance when the final rule is published. Unless the agency delays compliance, compliance obligations begin on the effective date of a final rule: 60 days after publication of the final rule. OSHA recognizes that some provisions can be implemented quickly, while others might take more time to phase in. So, the agency is proposing the following timelines for compliance with the specified paragraphs (the time period indicates the number of months past the rule's effective date when compliance would be required):"

(c) and (d)—6 months; (e)—2 months; (f)—6 months; (g)(1), (4)—6 months; (g)(2), (3), (5), (6)—12 months; (h)(1)—12 months; (h)(2) (3)—24 months; (i) and (j)—24 months; (k)(1)—12 months, (k)(2)(i), (vii) through (x), (k)(3)—6 months; (k)(2)(ii) through (vi)—24 months; (l) through (q), and (s)—12 months; (r)—6 months.

# Q. Will they be referencing any NFPA Standards?

A. The proposed Emergency Response standard incorporates by reference twenty-two National Fire Protection Association (NFPA) standards, most of which are focused on firefighting training, personal protective equipment, health and safety requirements, and apparatus. There are another 14 NFPA standards that are included in part but not are considered as IBR's. Visit <a href="https://oshaedne.com/wp-content/uploads/Consensus-standards-in-proposed-1910.156-as-of-1-31-24.pdf">https://oshaedne.com/wp-content/uploads/Consensus-standards-in-proposed-1910.156-as-of-1-31-24.pdf</a> for a full list of Standards referenced. ANSI/ISEA 207-2011 the American national standard for High-Visibility Public Safety Vests is included in the lists of incorporated by reference with the new rule provisions.

# Q. What is the OSHA rulemaking process?

A. https://www.osha.gov/sites/default/files/OSHA\_FlowChart.pdf

# Q. Why does this change matter to us in the fire service?

A. The proposed standard will bring extensive documentation, expenses, and changes to the AHJ. It will increase the requirements and commitment for firefighters both paid and volunteer. As well as it could increase liability issues for the Authority Having Jurisdiction and Officers.

#### Q. What are some of the notable changes?

A. There are a lot of requirements in the proposed standard for documentation, preplanning, and administrative requirements. OSHA estimates 173 annual hours just to meet those regulations. Additional Officer requirements as far as progressive training from a Lieutenant to Chief officer. Additionally, firefighters would be required to have FFI and FFII, CPR and AED, and additional trainings based on special hazards such as Haz-Mat, Vehicle Operations, etc. at the awareness and operational level.